



EDUCATOR
RESILIENCE

SUMMIT

PRESENTS THIS

CERTIFICATE OF COMPLETION

TO

in recognition of participation in the Educator Resilience Summit held online on August 3 - 4, 2020 for 8 continuing education clock hours.

Denise Moody

August 4, 2020

DENISE MOODY

DATE

Executive Director
Resilience Impact

Learning Objectives:

Through this summit, educators will learn specific strategies of how to impact their own well-being and as school systems how to change the culture to better care for those that pour their lives into students!

Learning outcomes include:

- Moving beyond cutesy, simplistic ideas of wellness
- Building a culture that provides organizational care for staff
- Creating rhythm and routine in your life and in your classroom that support well-being

Presentations:

- Explore Nonviolent Communication: A Personal Tool for Letting Self-Compassion Emerge with Dayna Jondal, MA, NBC-HWC, RYT-500
- Emotionally Healthy Educators with Denise Moody, MSW, LICSW
- Reflective Practice On the Go: Using Strategic Moments to Support Teachers in Reflecting on their Work with Julia Bantimba, MSOT
- Finding Your Center to Serve Others: Universal Mental Health Practices for Adults to Benefit & Support Youth During Trying Times with Christopher Daikos, MiT, MEd, EdS. & Courtney Daikos, MEd
- Good Sleep as a Protective Factor for Mental Health and Wellbeing with Birdie Cunningham
- Beyond Survival: The New Narrative of Self-Care and Sustaining through Struggle with Alexis Shepard, MEd
- Hacking Educator Resilience: A Therapist's Guide to Creating a Mindset and Culture of Resiliency Practices with Sarah Clarke, MA, LPCC
- Raising Anti-Racist Children through Love & Healing with Lawanda Wesley, PhD
- 8 Simple Steps to Go from Burned-Out to BURNED-IN with Amber Harper
- Teaching with Mental Health in Mind with Erica Worthery, LCSW
- Happy Teacher Revolution: Supporting the Mental Health and Wellness of Educators Around the World with Danna Thomas